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THE PACIFICAN

UNIVERSITY OF THE PACIFIC'S NEWSPAPER SINCE 1908

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The Festival of Lights *A great way to get into the holiday spirit*

By Jacquelyn Archambault
News Editor

University of the Pacific's annual campus tradition "Festival of Lights" will take place Sunday Dec. 5, 2004. This year's reception gathering will be held in Grace Covell Hall and will begin at 4:30 p.m., along with a buffet dinner and entertainment for the children.

Guests planning on bringing gifts are asked to cite the ages on the gifts they bring for children and note the gender of an adult for which a gift is intended. The gifts will be taken to St. Mary's Dining Hall for distribution to needy families. "This is our way of giving back to the community," says Karen DeRosa.

The Festival of Lights Interfaith Service will be held in Morris Chapel at 6:30 p.m. Everyone is invited to attend. The ceremony will include speakers from various denominations commenting only for a few moments in conjunction with the holiday spirit.

Many individuals associate the traditional Festival of Lights ceremony with the American Christmas celebration, however Pacific's tradition includes those of all faiths.

Pacific student Danielle Schapiro-Sakashita says, "I



Marketing and University relations

DECK THE WALLS: Sigma Chi decorates annually for the festival

have never attended before but knowing it's not only for Christmas, I may check it out. If most people think it's only for Christmas, yet equally represented, this gives students a willingness to go."

For those who have attended the Festival of Lights ceremony in the past and know what to expect, will agree that this gathering gives the University a traditional meaning.

University student Melissa Piffero had this to say, "It's nice, being able to bring the entire student body together and incorporating everyone's religion, without feeling ostracized by think-

ing their not being included. Everyone can come to the Festival of Lights and feel like their apart of something."

Dr. Alan Ray of Broadcast Communication states, "The tradition makes our university feel like a big family. Festivals and rituals like this remind faculty and students we're a small, personable and caring community."

The tree lighting for the Festival of Lights ceremony will begin in front of Burns Tower promptly at 7 p.m. followed by cookies and cocoa being served in Grace Covell Hall at 7:15. Fraternities and sororities in Greek Circle will begin to display

their lights by 7:45 p.m.

The Festival of Lights tradition at University of the Pacific is a joint effort among ASUOP, the Chaplain for Morris Chapel,

University President Don DeRosa and his wife Karen, along with many other staff and students who lend their support.

ASUOP Event Coordinator Dave Belman has been a full time staff member for three years and has been involved with the Festival of Lights in times past. "I think that the event is a wonderful campus tradition. Student comments over the years have shown how meaningful it is to have a celebrated Interfaith community here on campus."

Everyone who attends the Festival of Lights ceremony realizes the work and effort it takes to bring our community a little closer as a family and unite our university during this season. We thank all those who make this tradition possible and enjoyable for all in attendance.



pacific.edu

GETTING IN THE SPIRIT: Alpha Phi lights up their house.

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Tiger Tidbits

Fighting the Holiday Bulge

By Laurel Hoover
Managing Editor

It's funny the way it happens. You watch your weight during the weeks and months before the holidays, hoping to make a svelte and confident impression at parties and family gatherings. So why is it that even if you've managed to drop five pounds by Thanksgiving, you're ten pounds heavier by New Year's?

The holidays are supposed to mean spending special time with your family, exchanging gifts and thinking about the religious significance of the season. But, more often than not, one aspect of the holidays triumphs over all the rest: food. No matter how often you've vowed to go easy on the eggnog and say no to the party nuts (even the caramel-coated pecans), you find yourself lingering by the buffet table at parties and eating the chocolates you bought

"in case company arrives unexpectedly."

Forget the Sugar Plums and vow right here and right now that visions of home-made coconut Christmas candy will not dance in your head. Just when we made it through Halloween, here we are again: riddled with the fear of temptation!

Stay focused, plan ahead, and be a picky eater!

Here are some tips that you may find useful:

- * Enjoy what you love, just eat smaller portions
- * Watch your carbohydrates intake
- * Overcome scale anxiety
- * Stay active (Exercise)
- * Don't starve yourself
- * Don't let your fat diary go! (Record you calorie intake)
- * Choose healthier options (white meat is a great lean protein)
- * Holidays are days; not weeks or months
- * Plan ahead
- * Go veggie for a day
- * If you booze it, you won't lose it

In order to keep the weight issue under control, we highly recommend that you take us up on at least two or three of the tips above. Not only will you find the fight against fat to be easier, you will also find that Christmas has never been better.

Success at Sweets for Sewing Machines

By Bonnie Lucero
Staff Writer

On Tuesday, November 16, OASIS (Open assembly for School of International Studies), hosted a dessert party in George Wilson Hall in order to raise money for a village in Kenya.

Approximately 100 people attended the dessert party, mostly students. Although the event attracted mainly students from the School of International Studies, it also attracted students and faculty from many other schools at Pacific, as well as community members. Overall, the event raised about \$350.

"We got people to donate international desserts for the fundraiser," stated Josh Mitchell, an SIS student and member of OASIS. There were such desserts as Crepes from France, cookies from various countries including Australia and Portugal, and cakes and breads from all around the world.

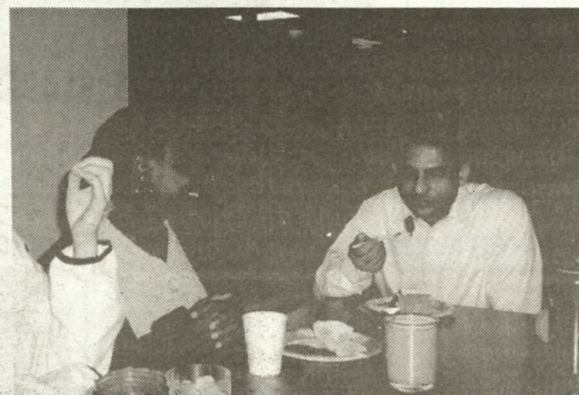
The proceeds of the fundraiser are going to help buy sewing machines for widow women in a Kenyan village so that they can increase their production and their financial resources. These new financial resources will go to support a local orphanage

in the village. "They were amazed that we raised so much money," according to Josh Mitchell.

"SIS is making me fat," joked Colin Kuehl, a first year student of SIS. Not only is SIS and OASIS feeding Pacific students, but they are also helping to provide more resources to people of poverty stricken countries.



Photograph by Colin Kuehl



Photograph by Colin Kuehl



Photograph by Colin Kuehl

VISIONS OF SUGAR PLUMS: Sweets for Sewing Machines caters to any sweet tooth.

AmaZing GirlZ Day Conference

By Christina Tran
Guest Writer

In honor of National Service Week, November 6, 2004, Alpha Phi Omega (APO), the National Co-ed Service Fraternity, hosted an "AmaZing GirlZ Day" conference. Aided in part by the APO chapter in Davis and the Gamma Alpha Omega Sorority.

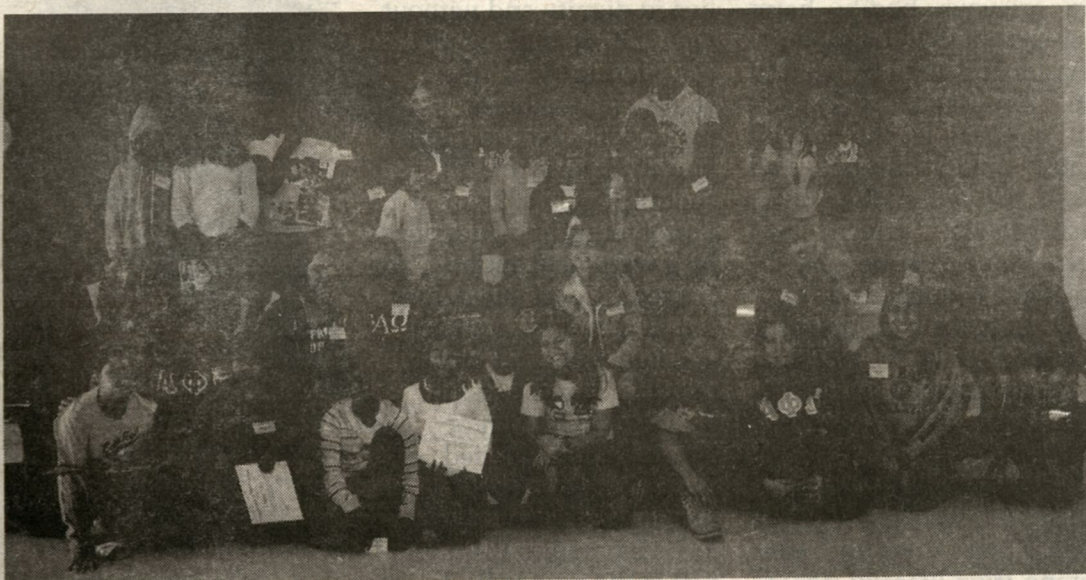
Offered to young girls, age 9-13, the conference took place at Park Village, a neighborhood for Cam-

bodian refugee families. The celebration of "AmaZing GirlZ" started out with Jennifer Louie, a Pacific and Alpha Phi Omega alumni as the keynote speaker. Then to get the girls "energized", there was an icebreaker to inform the girls about emphysema.

Much like any other conference, the icebreaker was followed with two workshops. One workshop was titled "Princess at the Ball", where the girls learned about self-esteem and how to say no to drugs. The second

workshop was titled "Super Powers" where the girls learned about body image and their very own special "super power" (personal unique characteristics).

For a snack, the girls learned about healthy eating through making healthy snacks such as "Ants on a Logs" and "Ritz Star Ornaments". The day ended with many smiling faces as the girls received awards for completing the day and healthy goodie bags as treats.



Photograph by Alpha Phi Omega

GIRLZ TIME: Alpha Phi Omega mentor girls about self image issues

Boxes for Beds:

The members of PIKE are going homeless for a cause

By Jennifer Murphy
Editor-in-Chief

The men of Pi Kappa Alpha (Pike) will be going homeless Wednesday, Dec. 1 to Friday, Dec 3. They are doing it all in the name of charity.

"Hit of Reality" is an annual event for Pike. Beginning in 1996, the men of Pike give up the luxuries of a warm bed, food and even a shower to raise money for the Second Harvest Food Bank. The event will last 50

hours and the men will rely solely on handouts to eat and stay warm. Temporary shelter will be set up in the McCaffrey Center for these men.

"We leave the comforts of our homes, not to be genuinely homeless, but to gain a better understanding of that life. Hit of Reality increases awareness of this issue and provides the local community an opportunity to contribute," said Pike President, Bryan Quinn.

Last year the men raised over \$100,000 in food and are determined to raise \$10,000 this year, which will provide \$250,000 in food. The food goes to help the less fortunate in the Stockton, Lodi, Tracy and Manteca areas.

The men of Pike encourage all Pacific students to come out and make even a small donation. Any amount will help to provide food for those who otherwise may not eat this holiday season.

KPAC in Giving Spirit

By Jennifer Murphy
Editor-in-Chief

The holiday season always seems to get people in the giving spirit. This season K-PAC outshines the rest. With three separate giving opportunities, K-PAC is paving the way for other campus organizations to get on board the giving train.

The Holiday Canned Food Drive kicked off November 19 at the Women's Basketball game. If you missed the game, food drive bins are at every sporting event and around campus until December 12. Every person who donates a can will receive a K-PAC shwag.

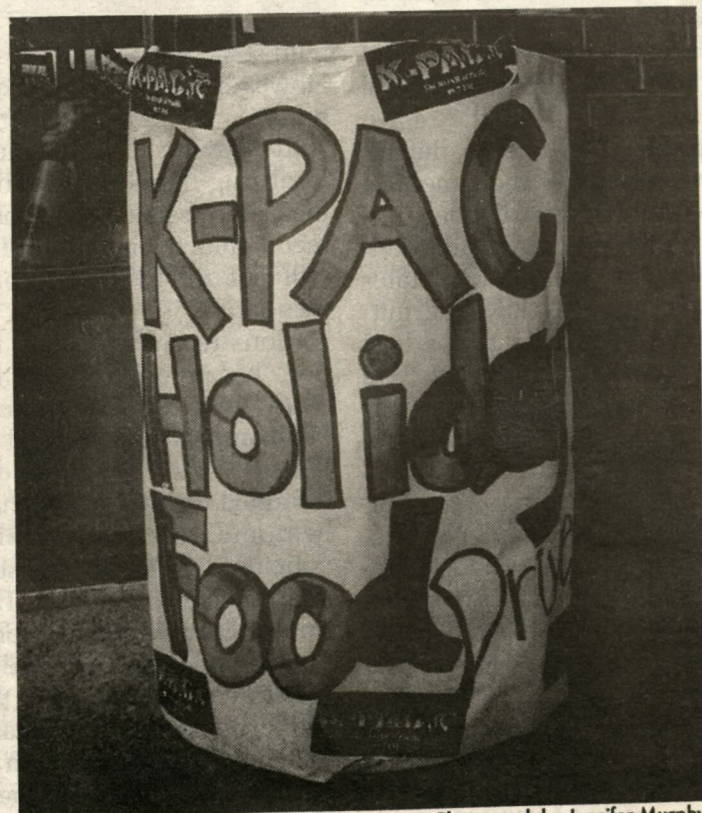
K-PAC Christmas Tree will help three needy families have a Merry Christmas. The tree is located in the Bookstore and is decorated with tags. Each tag has a gift wish written on it. Simply pull off an ornament, buy the gift, and return it to any K-PAC Christmas tree helper. Monetary donations of any amount are also welcome.

Every person who makes a contribution will receive a K-PAC shwag.

"Pacific students are great at lending their help to others," Communication professor Alan Ray stated. "Our projects give opportunities to assist needy families at Christmas."

The last K-PAC event is for Pacific students to receive a gift. The On-Campus Housing Holiday Door Decorating Contest is open to all Pacific residents. The event is simple and the prizes are nice. Decorate the outside of your door and have your door shown on Pacific T.V. Contact Dr. Ray by December 6 and all doors will be judged. First place will walk away with a \$150 American Express Gift Card, second receives a \$100 American Express Gift Card and third will receive a \$50 American Express Gift Card.

Three great ways to get involved in charity this holiday season. If you want to help out and for official rules, contact Alan Ray at 6-3048



Photograph by Jennifer Murphy

you CAN do it: K-PAC annual can drive helps needy families for the holidays



PERSPECTIVES



Medical pot case reaches Supreme Court

By Shane Cipris
Perspectives Editor

In a judicial battle that will leave a lasting impact on both the debate between federal jurisdiction and individual states' rights to enact and enforce laws as well as the ethical considerations of compassionate healthcare, two California women have sued the federal government in order to protect their perceived right to smoke marijuana for relief from a number of combined illnesses. On Monday, the Supreme Court began hearings regarding the case of Diane Monson and Angel Raich, who between them suffer from a brain tumor, multiple bone diseases, wasting syndrome and severe back spasms. Officers from the federal Drug Enforcement Agency (DEA) had conducted a raid of Diane Monson's home in 2002 and confiscated her homegrown marijuana. In response, Monson and Raich sued Attorney General John Ashcroft for the return of their pot, and to defend the validity of their medical necessity for marijuana.

In the past ten years, California and ten other states have adopted laws permitting compassionate medical use of marijuana (in case you may be wondering if your home state is one of them, the other states are Alaska, Arizona, Colorado, Hawaii, Maine, Montana, Nevada, Oregon, Vermont and Washington). Medical marijuana has been legal (or at least tolerated) in California since the passage of the 1996 ballot measure Proposition 215.

The Bush administration is steadfast in its desire to enforce the federal laws concerning marijuana possession, citing Congressional findings—from the

1970 Controlled Substances Act—that marijuana, as a strictly-prohibited Schedule I drug, has a high potential for abuse, has no "currently accepted medical use in treatment in the United States" and suffers a "lack of accepted safety for use of the drug or other substance under medical supervision" (<http://www.usdoj.gov/dea/agency/csa.htm>).

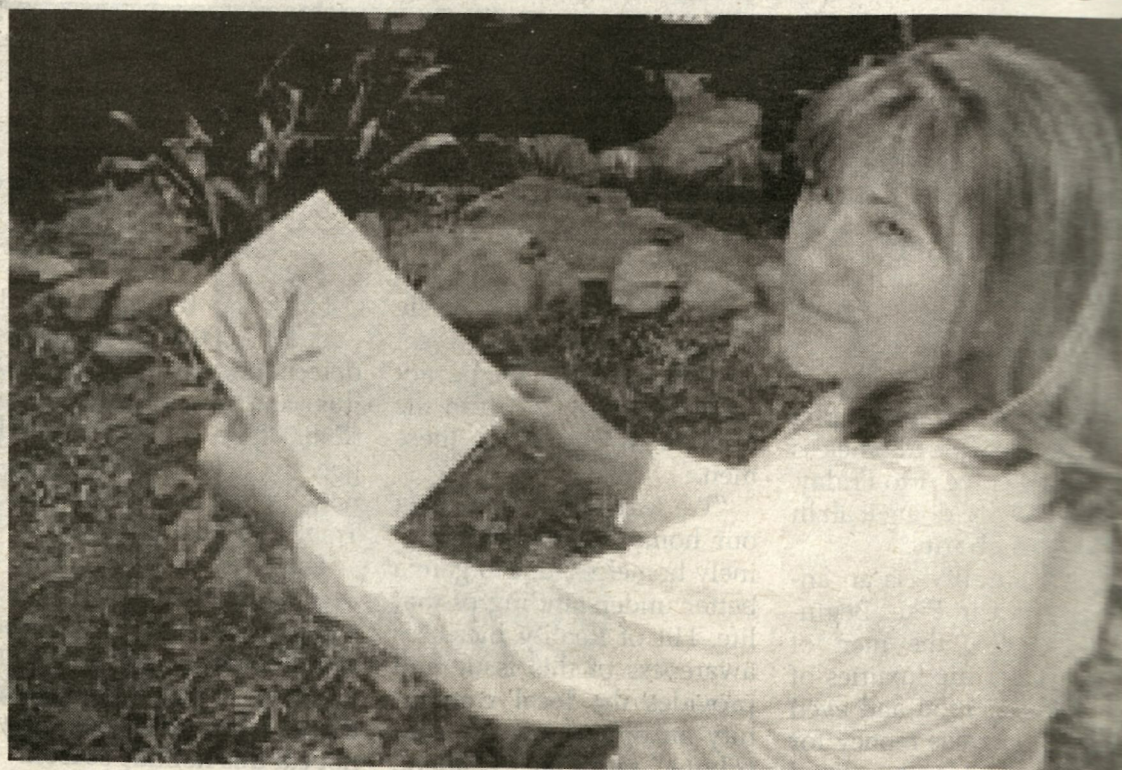
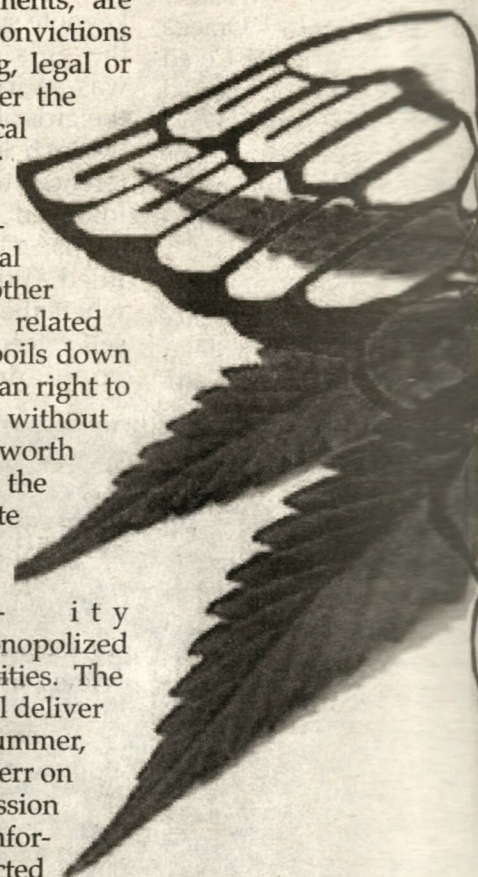
This is the official position of our government, despite a 1972 study by the Presidential Commission on Marijuana, which stated that marijuana users "are essentially indistinguishable from their nonmarijuana using peers by any fundamental criterion other than their marijuana use. Neither the marijuana user nor the drug itself can be said to constitute a danger to public safety." Based on these findings, the commission recommended the decriminalization of personal-use marijuana at both state and federal levels. However, President Nixon refused to even read the study, saying "I am against legalizing marijuana. Even if the Commission does recommend that it be legalized, I will not follow that recommendation."

More recently, a 2003 report based on a 12-month study by a research team at Peninsula Medical School in Exeter, United Kingdom determined that marijuana may help multiple sclerosis (MS) patients by loosening stiff and spastic muscles. The finding is supported by previous animal research which has shown cannabinoids (the active ingredient in marijuana) may slow the death of nerve cells and protect them against damage. While there are legitimate health concerns regarding marijuana smoking, it is notable that

there is not a single reliable case of overdose death or other grievous bodily harm caused by smoking marijuana. This cannot be said for the medical pharmacopoeia, as various side effects from prescription medications and accidental overdose deaths (of medicinal drugs) afflict thousands of people every year. An example of a legal pharmaceutical drug causing grievous bodily harm was seen in the Thalidomide disaster of the 1950s and 60s. Thousands of expectant mothers in the United States and Europe had taken the anti-nausea drug Thalidomide, which had been claimed to be safe for pregnant women (and ironically prescribed for morning sickness), only to find that the drug resulted in horrendous birth defects in their children.

Diane Monson and Angel Raich both smoke marijuana several times a day and, after having tried literally dozens of other conventional medi-

cations and treatments, are resolute in their convictions that no other drug, legal or otherwise, can offer the level of physical relief from their ailments as well as marijuana can. Although this judicial battle has many other legal facets and related concerns, what it boils down to is the basic human right to live in dignity and without pain. It is also worth considering that the ability to eradicate pain can be a powerful form of control if this ability is prohibited or monopolized by government entities. The Supreme Court will deliver a ruling by next summer, and hopefully will err on the side of compassion for those doubly unfortunate people afflicted with serious health problems, whose choice of medicine makes them criminals in the eyes of the law.



UNSILENT PROTEST: Monson read aloud a copy of Prop 215 as DEA agents destroyed her pot garden.

Sing the Democrat blues

By Elizabeth Shrafman
Guest Writer



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DEFEAT: Kerry concedes the presidency.

tion, both Republicans and Democrats alike would do well to remember that labels such as Liberal and Conservative are just used as tools by politicians and the media to classify people and their views, and are rarely, if ever, accurately representative of those positions.

Also worth noting, for everyone, is that people of opposing political views are not evil, stupid, or generally "bad" people — they just have different values and opinions on how government should be run. Only by honestly considering opposing views can we truly justify our own positions.

So how do we overcome Democratitis? Well, for starters, let's look back at the past four years and see what we have to be proud of. Democrats all over the United States have succeeded in raising the level of public debate in this country, not only on the war in Iraq but on a myriad of issues. While the Democrats in Congress were a little late to the party, Democratic voters from coast to coast raised their voices in opposition to the war in Iraq, a rising national debt and a proposed amendment banning gay marriage (among other things). Democrats have become the champions of such causes as upholding Roe v. Wade, maintain-

ing good standing in the international community, protecting Social Security for future generations, and tighter gun control laws. This is certainly a legacy to take pride in.

This is the way democracy is supposed to work. When the government does something that its citizens disapprove of, citizens have the right (and the duty) to speak out in the media, write letters to their elected officials and peacefully protest. Honest debate on issues, both political and social, should not be dusted off and reserved just for election years. To have a realistic chance of changing the leadership in this country, both two and four years from now, Democrats need to continue the work of the past four years with more fervor and stronger resolve.

The Democratic party doesn't need to get religion or move their positions even more toward the center. It needs to ride out the Republican wave by unifying as a party and providing loud and intelligently critical opposition. The pendulum will eventually swing back in favor of the blue states, but our increased efforts are needed to make sure it occurs before we have no hair left.

Hybrid holidays

By Jennifer Murphy
Editor-in-Chief

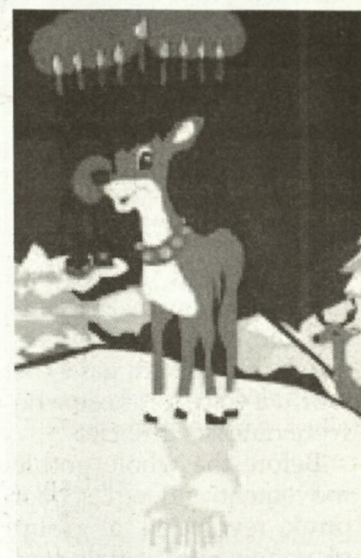
After the show 'the OC' coined the term "Chris-mukah," I hoped to see more stores catering to the idea of an interfaith holiday. What exactly is Chismukah, you ask? Chismukah is a hybrid holiday, mixing traditions of Hanukkah and Christmas. Popular with many interfaith marriages, Chismukah is the first step society is taking to publicly recognize the Jewish holiday Hanukkah.

In my family, it is a time honored tradition to head to the stores for the day after Thanksgiving sales. For my mother, shopping for everyone on her Christmas list is the goal she sets. For me, my gift list is for Hanukkah.

As a child I grew up going along with society's Christmas obsession. Years later, and with a better understanding of my interfaith upbringing, I am appalled to see that Hanukkah is conveniently forgotten in many so-called "holiday" decorations. While I was shopping, the sounds of Christmas songs lingered all around. Everywhere I looked, Christmas trees and wreaths adorned the entryways and walls of the department stores. I was out shopping for gifts for both Christmas and Hanukkah.

Pacific finds itself being one-sided as well. The Raymond Great Dining Hall is festively decorated for Christmas. The doors are wrapped in Christmas paper to look like Christmas gifts. Every window is equipped with a strand of Christmas lights. I jokingly asked one of the Bon Appetit employees where all the Hanukkah decorations were? He looked at me as though I was from Mars and asked me what those were. I laughed off the ignorance.

In Pacific's defense, the school attempts to recognize all holidays with their annual Festival of Lights. However,



chismukkah.com

INTERFAITH GREETING: Rudolph the Red-Nosed Reindeer is pictured with a lit menorah in place of antlers.

at last year's event, President DeRosa held a dinner at his house with no sight of Hanukkah or Kwanza decorations. How do I know this? Well, I was the elf taking photos of the children with Santa. Funny if you ask me, the first "Jewish elf" taking Santa pictures.

So much decoration is put into a holiday that is only one day of celebration. Hanukkah is eight days. Therefore, we Jews are pumping money into the economy for more gifts during the Christmas season but getting no recognition for our holiday.

Now, for all you Christians out there, don't get me wrong, I am not trying to replace Christmas with Hanukkah or Chismukah. I am simply suggesting that society be a bit more open to the other holidays around Christmas. Hanukkah and even Kwanza should be recognized by department stores and society in general. Although it may be nice to wake up on Thanksgiving and see dancing dreidels in the Macy's Thanksgiving Day parade, or a televised lighting of a giant Menorah in Rockefeller Center.

Wishful thinking if you ask me.

Original rappers

By Reader Morrison
Guest Writer

In the late 1950s a "rage against society" type of fraternity cemented its roots in San Francisco. This society was the prototype for hip-pies and 'outside the box' thinkers who found the 50s' "Leave It To Beaver" lifestyle to be disenchanting and dull. This brotherhood, through art, gave the world a voice for those who were outcasts in society.

Before the whole gothic movement and old school punk revolution a group of young intellectuals had 'stepped outside the box.' This group of individuals went by the name Beatniks. The author and poet Jack Kerouac came up with the now famous name for his group of free spirited intellectuals whose ideas and life style was opposite the 1950's. The word Beat was slang, used by musicians especially those in the field of jazz as "down and out, exhausted or rejected by so-

ciety." Music was essential in the rise of the Beatnik movement and the Beats returned the favor influencing music to this very day.

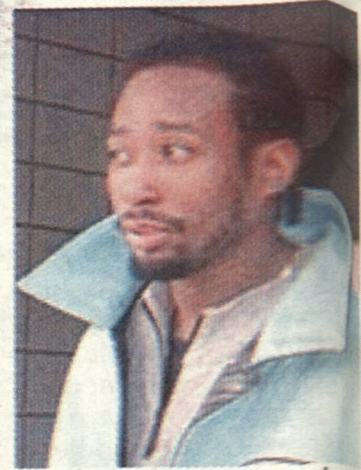
The Beats used both Jazz and Rock and Roll to influence their work and invent the first mainstream form of hip-hop. Hip-hop today might be different, but the idea is still the same: speaking words in rhythms to a beat. Before the name Beatnik stuck, the Beats also referred to themselves as hipsters. The 'hip' in Hip-hop comes from the word hipsters. Hip-hop or rap is a person spitting or rhyming lyrics to music in the back round. The Beat generation started the combination of two different arts into one. It was the Beatniks in coffee shops that would stand before a live audience and read their poems while jazz played in the background. This was a hit with the fans and is the origin of M.C "battle rhyming" we see today. The Beats were essentially the first rappers originating



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BEAT INFLUENCE: Writers Allen Ginsberg and Jack Kerouac (left and center) influenced the development of hip-hop music, paving the way for artists such as the late Russell Jones ("Old Dirty Bastard," right).

in coffee shops in San Francisco and New York.

The Beats also took a liking to political ideas that they shared in their works. Some Beats took advantage of their newfound fame. Allen Ginsberg for example became a mentor and friend of many musicians, most notably Bob Dylan. Both Dylan and Ginsberg had the same political views and ideas. Dylan used Ginsberg to understand the Beat life style and looked at Ginsberg as a mentor. The beat life style

was a new age bohemian invention that came out of the clean cut 1950's. Dylan was a bohemian who had many of the same ideas as the Beats.

Music was essential to the Beatnik life. The Beatniks played many roles in music. The influence of music on the Beats was helpful to formulating poetry into a song with a specific beat that gave the poem another powerful dimension. The Beats' unconventional thinking was influential in many ways. As the time for change was ap-

proaching it were the Beats that used music as a tool to gather and discuss change. Music was used by the Beats as a successful tool to influence and eventually music used the Beats to influence songs. The Beat culture has influenced many musicians; for example the band 10,000 Maniacs singing a specific song called "Hey Jack Kerouac." The Beatniks, without knowing it, influenced in many ways the popular music that we hear today.

Blast from the Past

"Tell me again...why do we need football?"

By Jason Lauborough
Opinion Editor (1995)

Editor's note: this article was written by former Pacifican editor Jason Lauborough in 1995, two years before the end of the football program at Pacific.

Well, the alumni are out in force attempting to save their beloved Division I football team from the knife of reality. The alumni, who never have to pay the increased tuition when the university loses money, need to come to grips with the financial liability of the team, rather than staying caught up in illusions of impending greatness and national recognition for football.

Simply stated, football loses money. It loses it big. With

a lack of conference notoriety, low ticket sales and no television appearances, there is no reason to expect the UOP football team to start making money, much less break even, anytime soon. Unless UOP can manage to play top teams in every non-league game, playing Southwest Louisiana and Northern Illinois isn't going to get the team any more fame than it has now.

Even if the team happens to go undefeated, the fact that 8 or 9 of the games were in the Big West conference is enough to make sure the team will most likely not break the Top 25. When Fresno State, from the Western Athletic Conference (a significantly tougher conference), went undefeated several years

ago, they were only ranked as high as #15.

As far as making a television appearance, much less bringing the university national recognition, when Pacific played Nebraska last season, ABC didn't even schedule the game for broadcast. The only chance they had last year would have been the Las Vegas Bowl, which the conference champ played in. The game was broadcast on TNT, in a little advertised, little watched time slot. The women's volleyball team, consistent title contenders, and men's basketball, with its two appearances on television, are doing more to bring the university recognition.

Admittedly, Coach Chuck Shelton has done a lot to



pacific.

FULL HOUSE: The stadium is packed at a 1951 Pacific football game.

turn the team around, and the team should be making inroads into the community after a winning season. The fact remains, however, that the university simply cannot

afford to support a program that is costing the school money, especially when other departments will not have the money to continue improving.



LIFESTYLES



This *Treasure* not worth finding

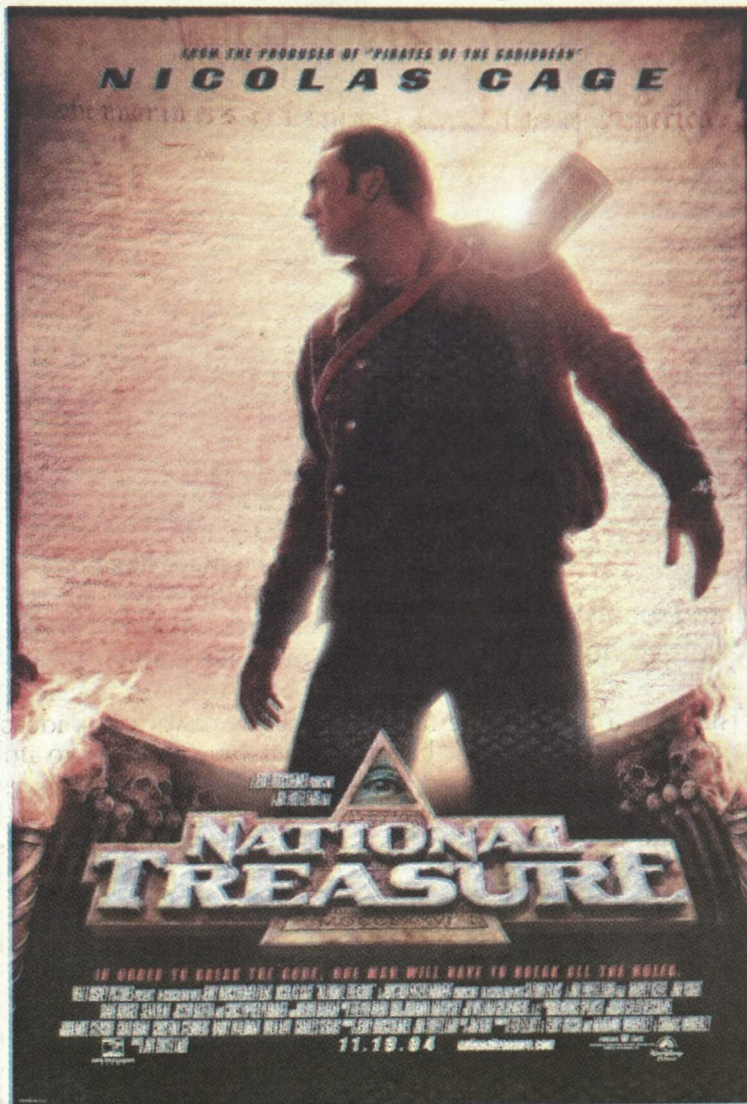
By Mikey Vu
Lifestyles Editor

National Treasure once again unites the variable team of Nicolas "I'm getting too old for this" Cage and Jerry "Let's blow stuff up, it'll be really cool you guys, I swear" Bruckheimer for an extremely lackluster and fairly ridiculous film.

The premise, if you can suspend disbelief for about two hours, is of Ben Gates (Nicolas Cage), a member of a treasure hunting family that has been searching for a vast collection of worldly treasures that the Founding Fathers just so happened to find time to hide, all while fighting the British for Independence. It is not until Ben finally deciphers a message left behind by his ancestors that leads him to an abandoned submarine buried in the middle of the polar ice cap. While he is there, he discovers that the missing piece to the puzzle is located on the back of the Declaration of Independence. It is there that he is backstabbed by a rich Englishman, Ian (Sean Bean), who plans on stealing the declaration himself. So, in obviously in the most logical move possible, Ben decides that the only way to protect the Declaration is to steal it himself. And as difficult as the task presents itself, producer Jerry Bruckheimer comes through once again showing that anyone who even knows what a computer is can hack the National Archives security system. Remember kids, if you can operate Microsoft Paint, you can steal priceless artifacts with ease! Along the way, National Archives conservator Abigail Chase is forced to join Ben's team and must see for herself if the treasure is indeed real.

Now, the story of where this treasure comes from is the real kicker. Apparently, the Knight's Templar "stole" the large treasure and to hide it from the British, the Freemasons hid it underneath New York, leaving little clues everywhere for one to find. From there, it is a game of cat and mouse between Ian and Ben that leads them from one historical land mark to the next, finally finishing with an ending that is more predictable than porn.

National Treasure just plainly isn't really a good film, it's somewhat entertaining, but hardly good. It's produced by Jerry Bruckheimer for one, which means we should expect a lot of explosions and like an ugly hooker, not making a lot of sense. Please I beg of you, for the better of humanity, don't believe there are real facts presented in this movie. No, the all seeing eye on the back of the one dollar bill is not a reference to the conspiratorial Free Masons, and why in the world would a random brick to which a vital clue lay behind never need repair in the past 200 years? Watching *National Treasure* and believing anything from it to be factual, is like expecting a remake of *The Passion of the Christ* set in the year 2015 with ninja robots and zombies to teach us valuable historical lessons. While it is all too easy to hate a film with such glaring inaccuracies, there is a soft spot in my heart for movies that play with actual historical facts. In the end, *National Treasure's* weaknesses also end up as its strengths, proving that no matter how implausible, the idea of a treasure map on the back of the Declaration and the ensuing adventure is always appealing on some level. *National Treasure* is a lot like the controversially dan-



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TREASURE: Cage and Bruckheimer team up together once again

gerous drug, "marijuana." much in a few days.
It's fluffy, requires little intelligence to enjoy, and you My Grade: C-
probably won't remember



google.com

TREASURE: Map hidden behind Declaration of Independence

Horoscopes

Sagittarius

11/22-12/21

Liars never prevail. Maybe you should confess that lie you told someone you once cared about.

Capricorn

12/22-1/19

Today will be full of little surprises. The extraordinary will be routine.

Aquarius

1/19-2/18

Keep your presentation short and sweet. If they want more information, they'll ask.

Pisces

2/19-3/20

You can't put this off any longer. Get it done. You'll be relieved when it's over.

Aries

3/21-4/19

Your lifestyle is outpacing your budget. Find a way to live within your means.

Taurus

4/20-5/20

Take a deep breath and ask for a hug before diving in.

Gemini

5/21-6/21

There are no quick-fix solutions. Do it right now and you won't have to fix it later.

Cancer

6/22-7/22

Smile! A frown may turn others away.

Leo

7/23-8/22

Life is much better single. Just think about how much money you can spend on yourself now!

Virgo

8/23-9/22

Avoid unchallenging occupations—they only waste your talents.

Libra

9/23-10/22

Sing badly if you must, but sing.

Scorpio

10/23-11/21

Get ready to use your voice today. You'll be meeting a lot of people.

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- A one year subscription to The Pacifcan costs \$32 (\$17 per semester)

Send check or money order to:

The Pacifcan 3601 Pacific Ave., Stockton, Ca 95211 attn: Subscriptions

Distribution of *The Pacifcan* is partially supported by ASUOP and the student activity fee. Other support is provided by campus groups and our advertisers.

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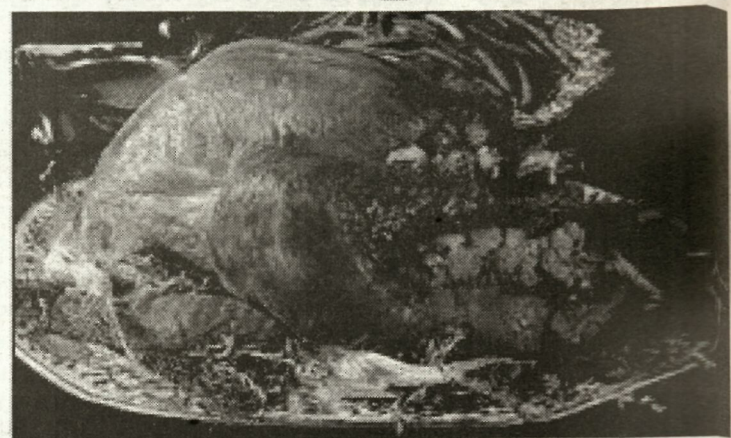
By Tara Cuslidge
Staff Writer

There's no place like home for the Holidays. But since the semester doesn't end until mid December, and getting back to the domicile is sometimes next to impossible when there are last minute assignments or projects right before the break.

The beginning of December is especially the time of the semester when being away from home may start to wear on students who just want Mom to cook a favorite meal or Dad to talk about sports - metaphorically speaking. To combat the end-of-term blues, maybe it's time to start a new tradition or explore local Holiday happenings.

How about making cookies with roommates? Or going ice-skating in downtown Stockton? Maybe even sitting on Santa's lap at Sherwood or Weberstown Mall? Attending a religious observance with a friend? Going caroling around the resident hall?

Start something with friends, than promise to make it an "annual" event. Try dressing up and reminiscing high school formals with a visit to a local restaurant - maybe Marie Calendar's or Black Angus. Sure, the food will dent the checkbook a little. But the looks from unsuspecting residents will be worth the extra monetary



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smack down.

Run down to Safeway on County Club Boulevard or right over to S-Mart Foods on Pacific Avenue to get some cookie mix to bake up some treats. Cookies from scratch supposedly taste better, but do take too much time. Whether it is gingerbread, chocolate chip, sugar, peanut butter or macadamia nut the smell of baking cookies tends to attract those neighbors who haven't bothered to visit in awhile.

Then again, Santa tends to visit the local malls during the Holiday season. For those who celebrate Christmas this might be a way to remember those times when Mom bought new clothes and gave spit baths to make sure Old Saint Nick didn't think too shabbily of those crazy requests - come on, that pony request gets pretty old.

Stockton is also home to an outdoor ice-skating rink, which opened over Thanksgiving weekend. This year's rink is supposed to be 30-percent bigger than last year's. Vendors and entertainment will make the rink, located at Weber Point Event Center in Stockton, a hip venue on weekends. For \$5, skaters get an hour and a half to hold the sides of the rink or glide gracefully around the center. Looking over McLeod Lake, this is the perfect place for a romantic date or to hang with friends.

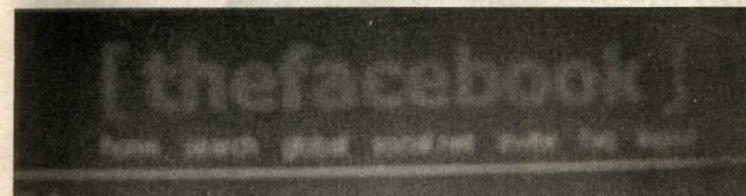
Or maybe take in a local religious event. Though there are many active campus organizations for spiritual fulfillment, Stockton also provides offers a wide variety of churches to attend. A list of local churches and religious organizations runs every Saturday in Stockton's newspaper, The Record. No pressure, but it might be something to try out.

Exploring diversity on campus is also something to do during the Holidays, especially with relevant many events being sponsored by various organizations. Everyday at Pacific, students are exposed to diversity in all ways possible. Whether it is cultural diversity, religious diversity or sexual diversity the campus runs the whole gamut in types of individuals.

Do something, start something. Don't just ponder going home and the semester ending. Instead try to become more culturally aware of what Stockton and Pacific have to offer. It doesn't have to be religious. It doesn't have to be money consuming. Just start a new tradition - whether skating, baking or dressing up for dinner. It might make being away from home a little more bearable.

The New 'Face' at Pacific

Thefacebook.com is taking the campus by storm



Photograph by Jennifer Murphy

By Jennifer Murphy
Editor-in-Chief

Move aside AOL Instant Messenger, there is a new obsession on campus. Thefacebook.com is a campus wide trend. With personal bios and a picture, Facebook is a way to get connected. In a matter of minutes, you can create a profile and add friends.

The thing that makes Facebook unique is that once you add a friend, you are suddenly connected and have the option to invite them as a friend too. This makes a web of people connected through one site.

In order to create a 'friend' you must invite then to allow you to have them as a friend on your profile. The potential 'friend' receives an email invite and then may confirm or reject the 'friend' request.

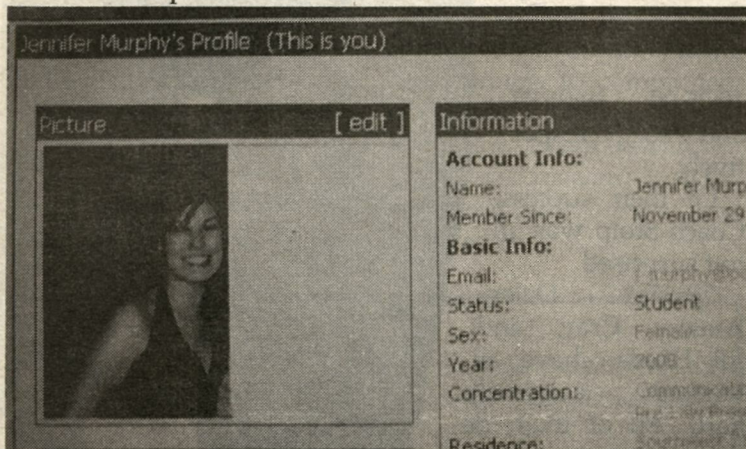
Your personal bio includes demographical information as well as personal information.

Information such as your favorite quote is an option as well as your high school name and graduation year.

According to freshman Andrew Westbrook, "It is a good way to stalk that cute girl you saw the other day." In all seriousness, "it's the best willing invasion of privacy ever."

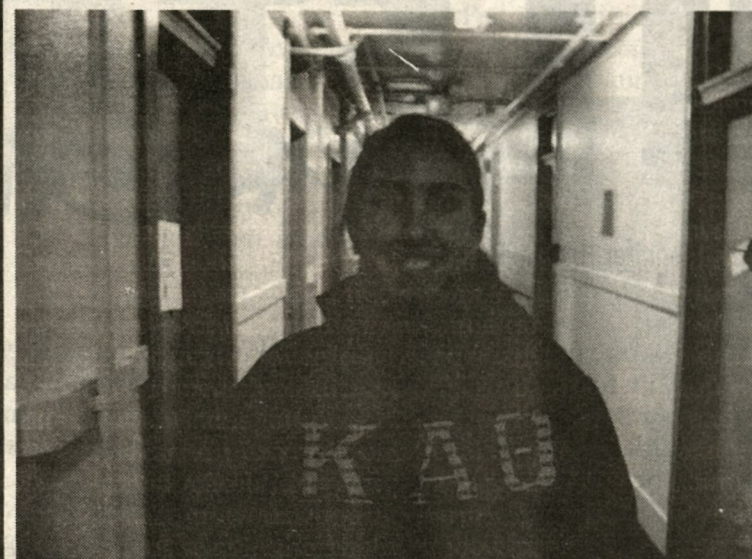
Many campuses have had Facebook for years and Pacific has finally caught up. Not only are you connected to other students at Pacific, you can be connected and search through people at any other participating schools across the nation.

"It's a good way to stay in touch with people from far away, but hall mates should spend time with each other in person rather than 'poking' each other online," freshman, Jessica Brownlow states. "It's a good way to find long lost friends too."



Photograph by Jennifer Murphy

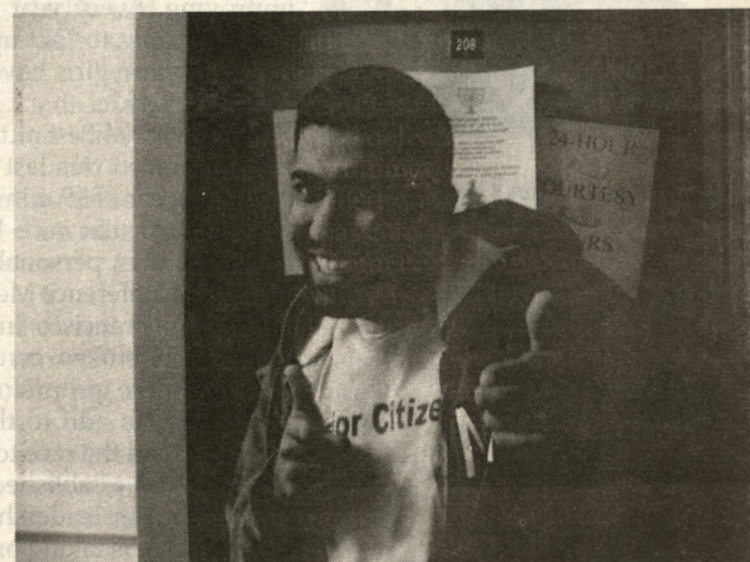
What do you want for Christmas?



Photograph by Jennifer Murphy

"What I really want is my truck!" -
Tara Dougherty,
Sophomore

"The Bat Mobile" -
Navin Grewal,
Freshman



Photograph by Jennifer Murphy



Photograph by Jennifer Murphy

"A renewed faith in Judaism and a different President" -
Zach Moritz,
Senior

SPORTS

ATHLETE *Profile*



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Jessica Daley Cross Country Sophomore

Jennifer Hite-Smith
Sports Editor

Women's Cross Country Coach, West Stolp, recognizes Sophomore Jessica Daley for her outstanding achievements this season. Daley broke two of the four school records that were broken this season. "I am very proud of her work and success," commented Stolp. "She worked tediously to build up her running to a competitive Division I level."

Jessica has been running cross country for the last four years and considers herself quite competitive. "Cross country is a great sport to be competitive in because you can't blame anyone else [if you don't do well]."

As for next year, Jessica is looking forward to the "team growing and improving. Every year we are getting bigger and better." She added that she hopes to "get up in ranking and have a faster team." With the progress these girls have been making, it will be a challenge they can definitely tackle.

Her personal best at the five kilometer (3.1 miles) is 19minutes four seconds, raced this last season; shattering her personal best from the previous year of 19 minutes, 46 seconds.

This particular race broke two other records. Daley also managed to break her own personal record for the six kilometer race (4.6 miles) at the Big West Conference Meet.

The San Francisco Invitational, the race in which three records were broken, constitutes as Daley's favorite race. Not only did these girls perform well, "we all raced really well," said Daley. To add to the atmosphere, Daley's family was able to attend the race to cheer her on.

Daley "has established herself as a leader in our program," said Stolp. Her leadership skills continue on in her life at Pacific outside of running. She is taking on 18 units as well as membership in both a fraternity and a sorority. "I load my plate up, but it's all time management -- and it's worth it," stated Daley of her busy schedule.

Cross Country 2004: On the Road to Success

By Rachel Pledger
Staff Writer

Ladies' cross country concluded their 2004 season with remarkable progress, not only swiping three records in a single meet and defeating a Division I team for the first time in history, but setting multiple personal bests, making this year's team a stronger breed than Pacific has seen before.

The anticipation began as early as Spring when head swim coach Tim Teeter began recruiting for the Fall season. His dedication to the program motivated him to recruit runners Ainsley Cray, Kiron Puwani, and Francesca Au—to name a few—despite his resignation as head cross country coach in 2003. Coach Stolp remarks, "Teeter set this team up and really laid the foundation for a suc-

cessful season. Although he was assistant swim coach during the spring he worked diligently at bringing in awesome runners."

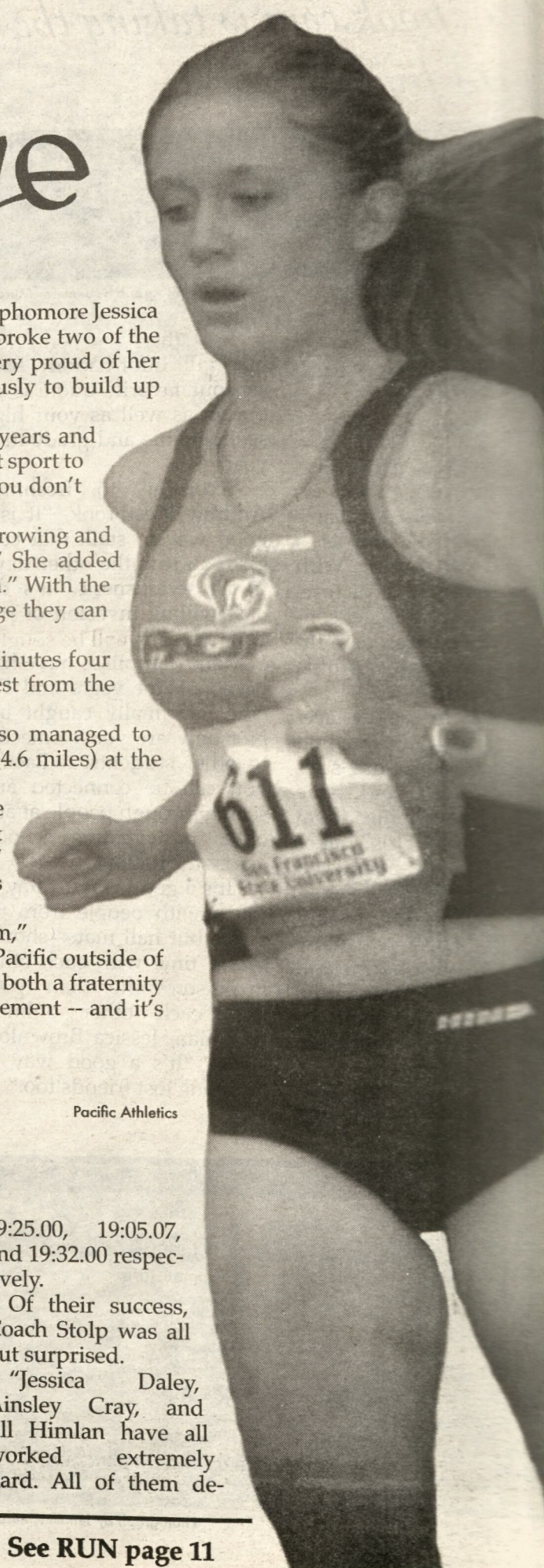
Truth be told, for Cray was one of the three women who broke the 5K record (set by Cynthia Krieger in 1999 with a 19:46.0) at the USF Invitational on September fourth. She, along with Jessica Daley and Jill Himlan shattered the old record, receiving times of

19:25.00, 19:05.07, and 19:32.00 respectively.

Of their success, Coach Stolp was all but surprised.

"Jessica Daley, Ainsley Cray, and Jill Himlan have all worked extremely hard. All of them de-

See RUN page 11



Pacific Athletics

RUN from page 10

served to set that record. They busted their tails during the season and in the off-season too. Distance running is a sport where there are no shortcuts. You have to put the time in. Coaches like to say that Cross Country is a Summer sport that competes in the Fall. When I heard how hard they had trained in the summer I predicted (in an interview with the Pacific Tigers Athletic Association Newsletter) that they would be four or five school records set this season. I was almost right, we set three...but I never thought we would do that in one meet! It was really a special day, not only did Jess, Ainsley, and Jill all break the 5K mark but the rest of our women set big personal records too. I was a proud coach that day."

Daley arguably snatched a second record in the 6K with a time of 23:15.03 during the Big West Championships on October 30th, as no official records indicate a faster place. However, unofficial sources maintain that Katie Beck holds a record set in 2001 with a time of 23:13.00. But, the team is confident that Beck's record is threatened, for off-season conditioning can only prove to refine Daley's skill.

Kiron Puwani, a transfer student from UCSD, adds a greater dynamic to the team's talent. A first-year Pharmacy student and runner for Pacific, she had not run for a cross country team since her Junior year in high school. Well conditioned through club soccer, she decided to run for Stolp this fall, shocking him and the entire team with the level of commitment, enthusiasm, and improvement she afforded. "It is really tough to juggle the demand of Pacific's pharmacy program and still be a student-athlete," Stolp says, "Kiron did all of this and always with a

smile." Dropping a total of 2 1/2 minutes on her 6K, Kiron displayed just how much raw determination it takes to win at a sport like this. "The fact that five of our six runners Pr'd," Coach Stolp remarks, (PR stands for personal record) "at Big West—3 by over 2 1/2 minutes in a 25min race—shows you how hard the women competed."

The team's Big West standing might have been a bit of a disappointment (they took 10th place out of 10), but cross country is a sport which recognizes personal improvement above all. This season thoroughly demonstrated the individual achievements earned by each of these women. Next year will offer its own bout of challenges, especially as Coach Stolp seeks to place the women on the Big West podium and take them to Nationals. "We know we are not where we want to be in the Big West standing but we are dedicated to changing that over the next few years." But, where there is motivation, a means will be sought, and certainly these ladies are capable of taking themselves to the next level.

"The first goal of the off-season is to increase our training base and aerobic fitness. This process doesn't happen overnight. It will take months and months of slowing adapting our bodies to the increased stress that fast running takes. It is an exciting challenge and a necessary one if we want to get to a championship level. The team will be putting in upwards of 60-70 miles per week. We are losing one of heart and soul senior Kiyomi Urbas to graduation, but I imagine we will also bring in some dedicated and exciting new runners to compliment the women we have on the team now," Stolp concludes.

We look forward to what next year will bring. Good luck, ladies!

Field Hockey wrap-up

Thank you seniors...

By Allison March
Staff Writer

Overall, Pacific Women's Field Hockey have had a successful year. The players and the coach, MacDonald, have been highly honored and together have conquered titles that have not been attained in the last 15 years.

One of many honors received was the Conference Coach of the Year, awarded to Coach Linda MacDonald. As for the players, sophomore Vianney Campos was named to the 2004 National Field Hockey Coaches Association (N.F.H.C.A.) All-West Region First Team on Tuesday, Nov. 16th. She is one of 32 players chosen in this region.

to the N.C.A.A. Tournament and defeating Cal to win the NorPac Championship. It has not been won by Pacific since 1989, explained Coach



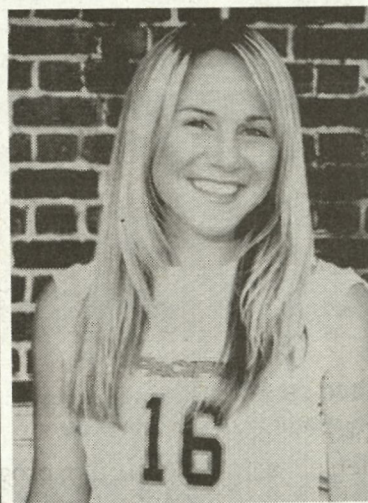
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Jenny Tran

MacDonald.

The team is sad to say good bye to three seniors Lindsey Rovai, Jenny Tran and Amy Hollenbach, who Coach MacDonald says "are three starters who have showed improvement every year."

Coach MacDonald stresses the work of the team, "it is important to have players who are willing to work hard to make things better. These are players who care about each other as well as the success of our program."



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Lindsay Rovai

Along with these honors, Sophomores Kim Myers and Laura Maurer received honorable mention. Maurer was also named 2004 NorPac Tournament MVP.

Senior, Lindsey Rovai joined the ranks of the top ten players with the most goals scored in a season, with 8 goals total. Other big scorers were Megan Hass with 7 goals and Jen Chaney with 6 goals for the season.

With last year's experience, hard work last spring, and the overall confidence of the girls, the team was able to grasp their dream of getting



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Amy Hollenbach

Soccer wrap-up

Jennifer Hite-Smith
Sports Editor

Pacific's Women's Soccer team ended its 2004 season with a conference record of three wins, two losses, and four ties. Overall, including non conference games, they had seven wins, six losses, and six ties; giving Pacific the highest number of ties in the nation.

The girls on the team truly enjoyed the season, in its success as well as in reaching some of their goals as a team. Freshman Carla Vellutini commented more specifically on the goal of "being in Nebraska [as a] huge goal."

"In the last 11 years, Nebraska had only lost eight home games, we were their ninth," admired Vellutini. She also noted that the win, "gave us confidence early on in the season. We came in as the under dog and won it."

According to Coach Keith Coleman, this year was "a really good step in the right direction." This year's Pacific team was constructed of a high number of underclassmen. In fact, for the next two years, no team member will be lost due to graduation as there are no juniors on the team.

Seventeen girls will be returning next year and none will be graduating next year. Coach Coleman believes, "the current players will be able to fill the shoes" of those leaving after this season. Coleman also sees a positive effect of not having to rely on incoming freshmen to create a strong team.

Currently, the team is in the off season. They are conditioning on their own and will train especially in the summer on their own. Team practice will resume next August.

Congratulations on an excellent season lady tigers!

Retraction:

In Issue 7, on page 14, Senior Guillaume Yang's basketball number was printed as number 23. His actual jersey number is 33.

FREE AGENT STATUS

By Jesus Hernandez
Columnist

Who ever said you couldn't witness a boxing match at a sporting event involved with a basketball sure is wrong now. As Ron Artest and several of his teammates showed us about two weeks ago, NBA'ers sure pack a punch. Several fans can attest to that.

I also just recently heard that Olympic Officials are considering the idea of making chair throwing an official Olympic event after seeing how much attention the chair thrown at the Pistons-Pacers game has received. The guy who threw the chair could possibly represent his country of origin. It will be similar to the shot putt except that you toss the chair then see how much distance you can cover before it hits the ground, just like that individual did.

Good News for us A's fans, we finally got a catcher worthy of catching the Big Three. All-star catcher Jason Kendall formerly of the Pittsburgh Pirates was traded for pitchers Arthur Rhodes and Mark Redman. This trade also allows the A's to bring up two other young pitchers from their system, Joe Blanton and Huston Street. Kendall replaces free-agent Damian Miller. Kendall is effective at the plate as well as behind it.

Once again it looks like the BCS will be a mess unless several teams lose in their final games. There are currently five undefeated teams, USC, Oklahoma, Auburn, Boise State, and Utah. The top three in the BCS are USC, Oklahoma, and Auburn. Unless a set of upsets occur the only team that has a spot in the BCS championship game is USC. Oklahoma has Colorado in the Big XII title game while Auburn has to beat Tennessee in the Southeastern Conference title game. If -- and this is a big if -- if two or even all three of the top

ranked teams lose then the BCS is going to have a field day deciding which teams play in official BCS bowl games. This could have been a great year for a BCS playoff system which could consist of eight teams.

For you soccer fans out there FIFA has announced its finalist for World Player of the Year. On the men's side Arsenal's Thierry Henry, Barcelona's Ronaldinho, and Andrei Shevchenko of AC Milan will battle it out while Mia Hamm of the U.S., Birgit Prinz of Germany, and Brazil's Marta will vie for the women's prize.

My predictions are that Ronaldinho and Mia Hamm will win their respective prize.

And in hockey news ... Oh I forgot there's a lock-out, sorry hockey fans.

Those who attended last weeks men's and women's basketball games saw the great team play we have here at Pacific. The men defeated Santa Clara 71-65. Santa Clara had previously handed #3, North Carolina, an 11-point loss. Senior David Doubledy and junior Christian Maraker combined for 40 points to lead the tigers to victory. Next up for the tigers is #2, Kansas at Kansas. This is a rematch of last years NCAA tournament game. Pacific is looking for revenge and a possible inclusion into the Top 25.

Our lady's took on Weber State and left for Thanksgiving break with a 62-56 win. Freshman Charity Czerwinski had a double-double with 11 points and 10 assists. Next up for the Lady's is #10, Duke.

Don't forget to wish our men and women good luck when you see them around campus this week since they both play huge games this upcoming weekend.

Orange Army Deployed, Lady Tigers Fall

By Rachel Pledger
Staff writer

On November 21, school spirit devotees were deployed by bus to Stanford to cheer on the Women's basketball team. Frocked in orange tees, the troops expressed similar sentiments of excitement and enthusiasm (some hadn't been that far from the Pacific campus

since Labor Day weekend). A brief 45-minute drive, accompanied by a rowdy but altogether bonded community, brought them to the pseudo-Ivy league at approximately noon-time.

Despite relentless cheering, the Tigers fell 82-26 to the Cardinals, moving Pacific to a 1-1 standing. In the first four minutes, Pacific took the lead with five

points, but a tremor of turnovers gained Cardinal 34 points, placing them in the lead. Freshman Kellee Lavender led the team with five points.

The Orange Army returned without casualties, save a few low spirits. Though Pacific lost the game, personnel maintain that the only thing to be said about the entire ordeal is: "Boooooo Stanford!"



Photograph by Chris Tred

BOO STANFORD: Orange Army holds up a sign in order to support Pacific's women's basketball at a game at Stanford University

Intramurals hit the lanes

Jennifer Hite-Smith
Sports Editor

On Friday November 19, Pacific's Intramural program hosted a Bowling Tournament for Pacific students. Participant and member of the Southwest Dub #2 team, Freshman Andrew Westbrook commented on the smoothness and speed of the well organized event. The tournament took about two to three hours, and according to Westbrook, left some of the players a little sore too. "I'm very sore, I'm still recovering," said Westbrook more than a week later.

Each team played three games and there were four

players on each team. The teams played against were more at random though.

First place in the Men's Division was the "Drug Dealers" with a big lead of 2141 points, followed by "P\$ Franchise" with 1812 points in second, and the "Bulldogs" with 1739 points in third place.

For the Women's Division, the first and only -- but definitely still deserving -- place went to Theta with a total of 1116 points.

The Co-Recreational Division of both men and women was headed up by "Falling Up" who took first place with 1615 points. Second place was awarded to "J.J. Pete's" with 1550 points, fol-

lowed by "The Strikes" who finished with 1523 points.

The series leader for Men was Alberto Cast with 763 points. He claimed title as the game leader with 288 pins in a single game.

As for the ladies, Heather Wong was the series leader with 490 points and A Wong had the highest point in a single game at 199 pins.

Westbrook's advice for other beginning bowlers includes free lessons; "come to me [or] contact one of our team members for lessons," he stated. Concluding with a bit of advice to all bowlers, "just believe, believe in yourself and you can accomplish anything you want."